Practice Newsletter Summer 2020

#### Partners:

- **Dr Andrew Sumnall**
- Dr Lucy Checker
- Dr Rachel Pring
- Dr Kirsty Pettit
- Dr John Field
- Dr Sarah Jagger
- Dr Michael Ramsden
- Dr Claire Oliver
- Dr Andrew Norman

Practice Manager: Antony Radley

Patient Services Manager: Joanna Antemes

### Staff News

We would like to welcome our new Advanced Clinical Practitioners (ACPs), Haroon Ghafoor and Hameed Anwar and our new Pharmacist Awais Ramzan to the Practice team.

We sadly say goodbye to Anne Shaw and Gaynor Ward who have recently retired and Freya Verity, our reception colleague who is pursuing a career in nursing.

We wish Anne and Gaynor a long and happy retirement and good luck to Freya in her new career.

#### Website:

www.dyneleyhousesurgery. <u>co.uk</u>

Address: Newmarket Street, Skipton BD23 2HZ Telephone Numbers: HIELDING

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(01756) 799811 Fax (01756) 707203 Emergencies (01756) 790000 Out of Hours: 111





### **CORONAVIRUS UPDATE**

### **#StillHeretoHelp!**

Please continue to contact the Surgery if you have a medical problem. Our GPs will discuss the best way to proceed which may involve a telephone, video or face to face consultation.

Services that were temporarily suspended due to the coronavirus outbreak are now being re-started including:-

- Invitations are being sent out to patients who are due to have a cervical smear
- We are currently contacting patients who are on the waiting list for a B12 injection. Please await contact from the Surgery
- We are inviting patients to go for a blood test at Skipton Hospital as part of their **diabetes review**. Guidance for patients is included in their invitation
- If possible, we are asking patients to take their own blood pressure readings for their chronic heart disease/ hypertension review.
  Where this is not possible, please await further advice
- New patient and NHS health checks are now available from the Surgery and invitations are being sent out to eligible patients
- **DVLA, HGV** and **taxi medicals** are now available. Please contact Reception to book your appointment
- Some **minor surgery** is available. Please contact Reception for further information

Please wear your face covering when visiting the Surgery. We are following strict NHS guidance regarding social distancing and infection control. Practice staff will be wearing Personal Protective Equipment to maintain a 'COVID secure' environment.

Please attend the Surgery as close to your appointment time as possible and please let us know if you are unable to attend. Appointments are also available on Wednesday and Thursday evenings.

3	Guidance for the clinically extremely vulnerable		
	From 6 July you can gather in gro- people outdoors whilst maintaining, and form "support bubbles" with an	ups of up to 6. From 1 Augu social distancing necessary and r	st you can return to work if articipate in activities such as
A T I E	and form support bubbles with an	other household going to the	shops or a place of worship
4	Until 6 July you should continue to shield in line with the current guidance	Shielding support package will be continued until the end of July	From August continue accessing priority supermarket delivery slots and NHS Volunteer Responder scheme

### Support Groups

We understand that patients still need to access support during the COVID pandemic

#### Useful contacts include:

Mental Health

MIND 0300 123 3393 First Response 24hour crisis help line 01274 221181

Domestic Abuse IDAS www.idas.org.uk info@idas.org.uk 24-hour National Helpline

0808 2000 247

Citizens Advice Bureau: 0844 411 1444

Age UK: 01756 529654

National Carers' Helpline: 0191 731 4750

Social Services 01609 780780

North Yorkshire Council Safeguarding Team https://www.northyorks.gov. uk/safeguarding-vulnerableadults

#### **Practice Newsletter**

If you would like to receive our newsletter by email, please let us have your email address either by telephone or at Reception

# For up to the minute information, follow us on



## e- consultations

Please continue to use our e-consultation service which is available via the Practice website: <u>www.dyneleyhousesurgery.co.uk</u> Patients can obtain advice and guidance about lots of medical problems and deal with requests for items such as sick notes. This service SHOULD NOT be used for conditions that need to be treated urgently.

# Dyneley House Surgery Virtual Events





Dyneley House Surgery patients will be pleased to learn that as support groups are currently unable to meet due to COVID social distancing rules, we have launched our own YouTube and podcast channel so that patients can continue to access support any time of the day from the comfort of their own homes.

Please search for "Dyneley House Surgery" on YouTube or Spotify to access all our podcasts and videos including an interview with Salford City footballer Gareth Seddon. You will remember that Gareth featured in the Class of '92 documentary, about the group of Manchester United footballers who purchased Salford City and brought them into the English Football League (EFL) for the first time in their history. There are other interesting topics including the experiences of being a full-time carer, the benefits of accessing an MMR vaccination and maintaining good bone health.

### FLU CAMPAIGN 2020

The Surgery is pleased to advise that plans for this year's flu clinics are almost complete. We are expecting a record number of patients to attend.

We know how important receiving your flu vaccination safely will be, so we are planning to close the car park to allow for social distancing. Patients will be invited at 10 minute intervals and will enter the Surgery building through the entrance at the rear. Staff will be available to signpost patients and provide information.

A team of doctors and nurses will be based in clinical rooms down the main corridor to vaccinate patients before exiting through the Surgery's main entrance on to Newmarket Street. Information about booking appointments will be available shortly by letter and text message.

## A HUGE THANK YOU

During the pandemic, we have received lots of support from our community including donations of PPE equipment, cleaning products due to their short supply, beautiful pictures of rainbows drawn by some of our youngest patients and cakes! It has really made a difference and we would like to say how much it's been appreciated by everyone at the Practice. You are amazing!