NOTES OF PPG MEETING HELD ON WEDNESDAY 17TH OCTOBER 2018

Present: Barry Rogers (chairman), Joanna Artemes, Peter Bell, Kai Dada, Heather Green, Bridie Hayes, Mary Jenkins, Mike Palin, Antony Radley, Pamela Reader, Kathleen Sutton, Dr John Field.

Apologies: Brian Harrison, Sally Harrison, Clare Shepherd, Judith Benjamin.

Minutes of Meeting held 19 September 2018: Correction in AOB; 'NHS long term closure date' should be 30th September.

Matters Arising not on the Agenda:

- Barry said thank you to Heather for organising the cake stall on Mental Health Day, which was a successful day.
- The MacMillan coffee day at Dyneley House raised 120 pounds.
- A meeting about the Reference Group planned for 23rd November has been brought forward and added into the Self Care Week, to promote it along with the PPG (also see Practice Update and Self Care Week agenda item.).
 - There are posters about the PPG entitled 'What we do' etc., which we will use in Self Care Week.

Practice Update:

A printed copy was available at the meeting.

- Flu clinics are up and running. The delayed over 65 years old vaccine is now available. A request to the PPG to help cover the flu clinics which are not filled yet has been circulated. A questionnaire given out at the flu clinics is to gather information about the health and wellbeing of the patients, and is given out by the receptionists.
- The timetable for Self Care Week is published, which Antony says is the best we have ever done. A copy was available and it is included on the Dyneley House Website. On Saturday 17 November Skipton Park Run will be marshalled by Dyneley House staff, so people are encouraged to volunteer to help, or even take part!
- Extended Access has started. A longer surgery on Saturday morning instead of working Sunday morning is being trialled. Dr Pettit who is covering the Dyneley House Extended Access has been seeing patients from other practices as well as Dyneley House patients which is what was planned to happen.
- Care Navigation delayed at CCG level, advertisement of the start of this has been delayed.
 It is planned to start mid November now

Patient Survey:

The results are not quite finalised, they should be ready in the next week and will be available to the PPG then. There was discussion about increasing the uptake of the questionnaire next year. Maybe by preventing people checking in electronically so they go to the reception to check in, this allows the receptionists to give out the surveys, which would increase uptake.

Update on the Osteoporosis Support Group:

The next meeting is next week. A dietician will be giving a talk and someone to talk about dexa scans will also be there. Pam said the annual programme of speakers was very good.

Dementia Friendly Communities Update:

An action committee is trying to progress development for the Skipton Dementia Friendly Community (related to the Dementia Action Alliance). Meetings are bimonthly and involve businesses and communities e.g. Skipton Building Society and Skipton Library. Aims at present are to raise awareness and to raise money. Events leading up to Christmas include the Santa Fun Run, and the Great Get Together at Ermysted School, on 18th December. (The Carers Resource and Age Concern are involved with the organisation of this event).

The committee is following a similar programme to Keighley who are further on with their Dementia Friendly Community. They have a town centre shop. It takes 2-3 years to gain the title of a Dementia Friendly Community after registered interest is accepted as there are many boxes to tick.

Self Care Week 2018:

See Practice Update. Request for help to the PPG with refreshments for Tuesday morning (Guidance and Support for Young Families). This session will include input from Lloyds Pharmacy, as the aim of the session is to help parents deal with basic medical problems and when to seek professional help. Also request for help for refreshments on Thursday morning during the Dementia Friends Session.

AOB:

- To note Sporting Memories 18th October, Gareth Seddon a retired footballer will be at this meeting.
- To note launch of the National Loneliness Strategy.
- To note Community Wellbeing Event at Victoria Hall in Keighley on 30/10/18, 6-9pm.
- Craven Community Champions Craven District Council has launched this which has several subsections for nomination. Barry will email a link to this. (ACTION BARRY).
- Pamela and Brian have been recognised at the recent CCG AGM for contributions to PPGS.
 Emma was recognised in the Patient Experience Category.
- Pam said that two WI groups in Skipton collect unsold flowers from supermarkets and make small posies for people who live on their own. How can we find out about more lonely people?

Next meeting - Wednesday 14th November 2018, 6.30 in Dyneley House Barn.