

## NOTES OF PPG MEETING HELD ON WEDNESDAY 18 APRIL 2018

### **Present:**

Barry Rogers (chair), Peter Bell, Hazel Bulcock, Kai Dada, Brian Harrison, Bridie Hayes, Mary Jenkins, Bernard Morris, Mike Palin, Pamela Reader, Clare Shepherd, Kathleen Sutton, Antony Radley, Emma Taylor, Dr Lucy Checker

### **Apologies:**

Judith Benjamin, Sally Harrison, Barbara Pavilionis. Barbara has requested to step down from the committee for a few months.

### **Minutes of meetings held 17 January 2018 and 21 March 2018 (Annual General Meeting):**

Accepted as correct records.

### **Matters arising:**

None discussed.

### **Social Prescribing:**

Emma gave a presentation about Social Prescribing. A copy of the presentation will be distributed to the PPG committee members.

The Airedale Wharfedale and Craven CCG funds Social Prescribing at GP Practice level. This is part of a National organisation.

The aim of Social Prescribing is to improve management of social/emotional issues in the community and so reduce pressure at General Practice level. Social Prescribers come from Primary Care and the voluntary/community sector. They support patients to manage their own health and well being. Sessions take place at the General Practice or at the patients' home. Reasons for referrals include bereavement support, loneliness, housing advice.

Patients can be referred to the service from Primary Care or (rarely) self refer.

The motto for the group is; Connect, Be Active, Give, Keep Learning, Take Notice (of Each Moment).

It is estimated that 20% of GP consultations are for social reasons. Outcomes will be measured nationally. A transient increase in referral to Primary Care may be noticed and there may be increased pressure on the voluntary sector service. But longer term outcomes from the national organisation include 28% reduction in GP appointments and 24% reduction in A and E attendance

There is a link to the national organisation through [www.westminster.ac.uk/patient-outcomes-in-health-research-group](http://www.westminster.ac.uk/patient-outcomes-in-health-research-group)

### **Practice Update:**

Antony summarised the update. He said that the recent Social Strokes meeting was successful and the Sporting Memories meeting tomorrow was going to be popular. We are looking to develop a peer support group for patients with respiratory illness (asthma and chronic obstructive pulmonary disease) and osteoporosis (see later in the minutes). The Practice is recruiting for a new member of the Reception team. The summariser has also resigned.

## **Feedback from subgroup meetings:**

### **1. Support Groups:**

Starting up an osteoporosis group was the main topic. There was discussion about how to contact patients in the practice with osteoporosis, and how to publicise the meetings. Suggestions for subjects to cover included; diet advice, physiotherapist visit, Pilates. Pam has contacted the regional development manager for osteoporosis in North Yorkshire, Phil Beaumont, who is very happy to help, and Pam is going to set up a meeting with Phil and relevant people in the Practice/PPG (ACTION PAM).

### **2. PPG Week and NHS 70<sup>th</sup> Anniversary:**

There is a National Resource Pack for the PPG week. Could we hold a coffee morning and advertise our work at it? Several local PPGs are struggling and we could develop a way for future communication between the PPGs during this week.

Could we hold an afternoon tea to celebrate the NHS 70<sup>th</sup> Anniversary and should it be in Dyneley House or at another venue in Skipton?

### **3. Reference group development:**

This needs to be moved on. People on this group may end up being interested to come onto the PPG Committee. The patients in the reference group should be supplied with relevant Practice information e.g. copy of the practice update.

### **Update on Dementia Programme 2108:**

The Dementia Action Alliance became the Dementia Friendly Community (DFC) of which the Skipton/Craven Group is a part.

Businesses in Skipton are undergoing dementia awareness training .

Information boards from the Dementia Friendly Community are up in Skipton Library.

Dementia Action Week is 21-26 May. On the Tuesday of that week there will be a drop in session at Dyneley House for people wanting to find out more about dementia.

The Alzheimers Caravan is at Skipton town Hall on 2<sup>nd</sup> May.

A football match is being organised by a member of the dementia group to raise awareness of dementia.

The next Sporting Memories meeting, 19<sup>th</sup> April, is going to be about the Commonwealth Games . A volunteer at this group was a volunteer at these games and has items from the games to bring to this meeting. The meetings are every 3<sup>rd</sup> Tuesday of the month 2.00-3.30 pm in Dyneley Barn.

### **AOB:**

None discussed

### **Date and time of next meeting:**

Wednesday 16<sup>th</sup> May 2018 6.30 pm.